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Rev: 8

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- diaphragms with spermicide
- condoms (with or without spermicide)
- cervical caps with spermicide
- vaginal sponge (contains spermicide)

- If you have sex at any time without using 2 effective forms of birth control (contraception) at the same time, or if you get pregnant or miss your period, stop using acitretin capsules and call your prescriber right away.

- Contact your prescriber, women's health centers, pharmacies, or hospital emergency rooms for information on how to get emergency contraception. A 24-hour, toll-free number (1-855-273-0150) is also available for patients to receive automated birth control and emergency contraception information.

- **If you do become pregnant while taking acitretin capsules or at any time for at least 3 years after stopping acitretin capsules, you should report your pregnancy to Sigmapharm Laboratories, LLC, Pharmacovigilance at 1-855-332-0731 or directly to the Food and Drug Administration (FDA) MedWatch program at 1-800-FDA-1088.** Your name will be kept in private (confidential). The information you share will help the FDA and the manufacturer evaluate the Pregnancy Prevention Program for acitretin capsules.

- Small amounts of acitretin are found in the semen of males taking acitretin capsules. Based upon available information, it appears that these small amounts of acitretin in semen pose little, if any, risk to an unborn child while a male patient is taking the drug or after it is discontinued. Discuss any concerns you have about this with your prescriber.

Acitretin capsules are a medicine used to treat severe forms of psoriasis in adults. Psoriasis is a skin disease that causes cells in the outer layer of the skin to grow faster than normal and pile up on the skin's surface. In the most common type of psoriasis, the skin becomes inflamed and produces red, thickened areas, often with silvery scales.

Acitretin capsules have not been studied in children.

- methotrexate
- tetracyclines

- **Do NOT take acitretin capsules if you are allergic to acitretin**, the active ingredient in acitretin capsules, to any of the other ingredients in acitretin capsules (see the end of this Medication Guide for a list of all the ingredients in acitretin capsules), or to any medicines that are like acitretin capsules. Ask your prescriber or pharmacist if any medicines you are allergic to are like acitretin capsules.

- diabetes or high blood sugar
- liver problems
- kidney problems
- high cholesterol or high triglycerides (fat in the blood)
- heart disease
- depression
- alcoholism
- an allergic reaction to a medication

Rev. 8

- methotrexate
- tetracyclines
- glyburide
- phenytoin
- vitamin A supplements
- progestin-only oral contraceptives (“minipills”)
- TEGISON or TIGASON (etretinate). Tell your prescriber if you have ever taken this medicine in the past.
- St. John’s wort herbal supplement

- Take acitretin capsules with food.
- Be sure to take your medicine as prescribed by your prescriber. The dose of acitretin capsules varies from patient to patient. The number of capsules you must take is chosen specially for you by your prescriber. This dose may change during treatment.
- If you miss a dose, do not double the next dose. Skip the missed dose and resume your normal schedule.
- If you take too much acitretin capsules (overdose), call your local poison control center or emergency room.

Once you stop taking acitretin capsules, your psoriasis may return. Do not treat this new psoriasis with leftover acitretin capsules. It is important to see your prescriber again for treatment recommendations because your situation may have changed.

- **Do not share acitretin capsules with anyone else, even if they have the same symptoms.** Your medicine may harm them or their unborn child.

- **Frequent urination, great thirst or hunger.** Acitretin capsules can affect blood sugar control, even if you do not already have diabetes. These are some of the signs of high blood sugar.